

antipasti

ANTIPASTI
from our display case

an assortment of antipasti to choose from

solo uno (1 choice) 7

medio (5 choices) 19

piccolo (3 choices) 13

grande (7 choices) 25

CALAMARI

deep fried squid, OceanPrime 10.50

FRITTO DI VEGETALE

breaded & fried vegetable sticks with sweet roasted pepper sauce 8

**INSALATA CON
CALAMARI AI FERRI**

escarole salad with grilled squid rings, chilli & reduced balsamic 11

SPINACI

organic baby spinach in a fig-mustard & e-v olive oil dressing, with wine poached pear, house granola 10 add grilled chicken breast 15

INSALATA MISTA

organic mesclun in a vincotto & e-v olive oil dressing, with seasonal fruit, honeyed ontario buffalo ricotta crostini, walnuts 10

MISTA DI PESCE

shrimp, squid, octopus and potato 11



pizza e panini

PIZZE

POMODORI

fresh sliced tomato, anchovy, oregano 8

PEPERONATA

peppers, onions, veal sausage 9

SICILIANA

eggplant, bocconcini, basil 8.50

MARGHERITA

tomato sauce, mozzarella, oregano 8

PIZZA GRIGLIA

prosciutto, arugula, tomato, shaved grana padano 11

PANINI

PORCHETTA PANINO

slow braised pork, caramelized onions, pecorino 9

PANINO VEGETALE

grilled eggplant, zucchini, roasted peppers, goat cheese 8.50

FRITTATA VERDE

italian omelette - spinach, zucchini, onions, fontina cheese 8.50

PANINO CALABRESE

Niagara's Pingue coppa, salami, mortadella, pecorino, arugula 9



primo

ZUPPA

minestrone and zuppa del giorno 7 zuppa & insalata 12

ZUPPETTA

cup of soup 4 with salad 8

PENNE

semplice al pomodoro 8 / 11

FUSILLI

semi freddo - arugula, fresh tomato, garlic, prosciutto, grana padano 11.50 / 16

CAVATAPPI

bolognese tradizionale 11 / 15

GNOCCHI

ricotta gnocchi butter, sage, shaved grana padano 13 / 17.50

FETTUCCINE

clams, anchovy, garlic, braised fennel & cherry tomatoes 10.50 / 14

RAVIOLI

ravioli del giorno 13 / 17.50

RISOTTO

we use carnaroli rice, changes daily 13 / 17

PRIMO DEL GIORNO

daily special

secondo

BOCCONCINI DI POLLO

pancetta & sage wrapped chicken breast filled with bocconcini, served with grilled vegetables 14

VITELLO

lightly breaded veal scallopine with pecorino, sauteed greens 14

SALSICCIA

daily selection of veal, pork or lamb sausage with legumes
solo uno - just one 12 fammi due - make it two 16

SARDINE

grilled sardines, caramelized onions, pinenuts, raisins 13

SECONDO DEL GIORNO

daily special



We celebrate Italian regional traditions and support local producers whenever possible.
Changes or substitutions to menu items are subject to price adjustments.